



# Sweet Treats



## Honey Irish Pot Roast

- 1/2 cup honey
- 2 cups leeks, chopped
- 2 cups parsnips, chopped
- 2 cups potatoes, chopped
- 2 cups carrots, chopped
- 2 tsp dried thyme
- 4 cloves garlic, minced
- 1 cup apple cider
- 14 oz. can beef broth
- 4-5 lb beef pot roast; rump or round
- 2 Tbsp oil
- 1 tsp each, salt and pepper
- 1/2 cup flour
- 1/2 cup cold water

Preheat oven to 375 F

In medium bowl, combine flour, salt and pepper.

Dredge roast in flour mixture, coating all sides, reserve remaining mixture.

In large dutch oven, heat oil over med-high heat.

Add the roast and sear all sides until browned, 4-5 min each.

Add honey, broth, cider, garlic and thyme.

Cover and roast in oven for 1.5 hours.

Add vegetables, cover and cook 1 more hour, or until meat is fork tender.

Remove meat and vegetable to a platter and keep warm.

To prepare gravy, add cold water to reserved flour mixture. Whisk mixture into juices in dutch oven pan, then place pan over med-high heat and bring to a boil.

Continue to stir and cook until thickened.

<https://siouxhoney.com/recipe/sue-bee-honey-irish-pot-roast/>

Contact Linda Miller ([oneoldbroadwithhives@gmail.com](mailto:oneoldbroadwithhives@gmail.com)) if....

- you wish to be added to the swarm list for your county.
- you have, or are looking for, any equipment for sale. She will place your 'ad' in the classified section of the SRVBA website for all members to see.

The club will be putting together a fundraising calendar and we need YOUR help! Please submit pictures to Carol Mahl, [photosbymahl@yahoo.com](mailto:photosbymahl@yahoo.com). We will need images from all seasons to fill the calendar. Anything from your apiary with a beautiful sunset, to a worker bee landing on a flower, and everything in between!

Contact Carol with any questions on photo submissions. Thank you!

Membership dues of \$20 to  
Linda Miller by March 1st!

<http://srvba.ohiostatebeekeepers.org/forms/2018-membership-form/>

Follow this link for the 2018 membership forms.

Don't forget to 'like' *Sandusky River Valley Beekeepers Association* on Facebook for updated news, pictures, articles and more!

BEELING APIS



UT OH, THEY'VE GOT THE STETHOSCOPE. I WONDER WHAT THE PROGNOSIS IS...